Oodgeville Elementary School Newsletter



DES News - From Mrs. Zizis

As we move into November there are many things to be thankful for here at DES! It's been a wonderful start to the 2023-2024 school year as we wrap up the first quarter. Our new addition to the building has increased the safety and security for all students and staff! I'm so grateful for the planning and saving that took place to make this addition possible.

Thank you parents and caretakers who met with your child's teacher during parent teacher conferences. The collaboration between school and home allows the best opportunity for all of our students to be successful!

As we transition into the second quarter of school please continue to stay connected with what your child is learning in reading and math. There are lots of wonderful opportunities to practice these skills and concepts at home. If you ever have any questions or would like ideas for things to do at home please reach out to your child's teachers!

Grade Level Highlight

ELP has been talking about feelings. Families have teamed up and crafted a fall emotional Jack-O-Lantern to reinforce learning.



Important Dates

- 10/25 DES Picture Retakes
- 10/27 Monster Mash Dance
- 10/31 Classroom Halloween Parties
- 11/3 12:00 Dismissal for students
- 11/10 Veterans Day Program at DHS
- 11/13 No School PD Day
- 11/22-11/24 Thanksgiving Break



Music Update from Mr. Hemming

We're off to a great start in music classes this school year! One of the big highlights in October has been singing "Pumpkin Bones" in class, and waiting to see if the Pumpkin Bones on my bulletin board will steal all the pumpkins away for a pumpkin party again like he did last year! Coming up in November, the 3rd graders will get to travel to see the Dubuque Symphony Orchestra live in concert! The DES 3rd & 4th graders will sing "On Veterans Day" at our district—wide program on November 10th at the high school.

Counselor Corner

This month in Guidance we focused on the Zones of Regulation. Zones of Regulation help students develop skills in self regulation and is defined as the best state of alertness of both the body and emotions for a specific situation. Zones are broken down into 4 categories: blue (sad, tired), Green (happy, ready to learn), yellow (excited, frustrated), and red (mad/angry). Students learned that all Zones are okay and the difference between a safe/expected response vs an unsafe/unexpected response to each Zone.

Mindful Moment: Hot Air Balloon Breath

- 1. Place your hands on your belly with your fingertips forming a circle.
- 2. Breath in and make your belly bigger like a balloon blowing up.
 - 3. Breath out and let your belly get smaller

If you see someone without a smile, give them one of yours.



Dolly Parton

A Note From our reading specialists..



The Reading Team, Mrs. Aurit, Ms. Moneypenny and Mrs. Rhode, hosted four Raising Readers sessions for parents.

Session 1: <u>Building Oral Language</u>

Session 2: Phonolgical Awareness

Session 3 and 4 parents learned about <u>Phonics</u> and experienced a phonics lesson.

Watch for more workshop sessions in the future.

What can I do to support my child at home? Please have your child read any passages or books that they bring home. The more practice your child gets with rereading text, the easier it will be. Then, ask your child questions about the stories or passages. Who was the character? What was the problem? How was the problem resolved?

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Menu subject to change without notice, WG= Whole Grain 2 nd Entrée Choice- Peanut Butter & Jelly Sandwich	Choice of Milk 1% White Fat Free Chocolate	1. Hot Ham & Cheese Scalloped Potatoes Green Beans Pears Croissant	2. Hamburger w/Cheese French Fries Sliced Tomatoes Pickles Applesauce WG Bun	3. EARLY RELEASE Sack Lunch Ham/Turkey Sandwich Chips Baby Carrots String Cheese Apple Slices Cookie WG Bun	
6. Pizza Hut Pepperoni Seasoned Carrots Lettuce Salad Pears Sidekicks	7. Pulled Pork Curly Fries Romaine Salad Peaches WG Bun	8. Beef Nacho Cheese Sauce French Fries Diced Tomato-Olives Lettuce Applesauce Tortilla Chips	9. Chicken Patty Mashed Potatoes Buttery Corn Mixed Fruit WG Bun	10. Orange Chicken Rice Pilaf Steamed Broccoli Mandarin Orange Fortune Cookie WG Dinner Roll	
13. NO SCHOOL STAFF PD HEADSTART DODGER CARE	14. Spaghetti Romaine Salad Green beans Pears WG Garlic Bread	15. Hot Dog Oven Fries Baked Beans Pickles strawberries WG Bun	16. Thanksgiving Meal Turkey Gravy Mashed Potatoes Seasoned Corn Stuffing Cranberries Peaches WG Dinner Roll Dessert	17. Chicken Fajita French fries Shredded Lettuce Diced Tomatoes Refried Beans Pears WG Tortilla	
20. Pizza Hut Sausage Seasoned Peas Lettuce Salad Pears Frozen Juice Cup	21. Sack Lunch Ham/Turkey Sandwich Chips Baby Carrots String Cheese Apple Slices Cookie WG Bun	22, NO SCHOOL	23. NO SCHOOL Glappy Thanksylving	24. NO SCHOOL	
27. DHS: Bosco Sticks Mozzarella Dipper Marinara sauce Wedge Fries Romaine Salad Peaches	28. Popcorn Chicken Mashed Potatoes Sweet Corn Mixed Fruit WG Dinner Roll	29. Mini Corn Dog Curly Fries Baked Beans Applesauce WG Roll	30. Chicken alfredo Seasoned carrots Lettuce salad Pears WG breadstick	Breakfast Menu Monday: Cereal, Fruit, Toast, Juice Tue Fri Hot Entrée Posted In The Kitchen	